



Boston Senior Home Care
Your home. Your choice. Your care.



All Programs

Residents of Boston, from age 16 and throughout the lifespan, deserve access to multiple programs and services to live healthy and independent lives in their own homes and community. We provide these options that support our Mission:

Boston Senior Home Care is dedicated to ensuring that culturally diverse elders and disabled adults, particularly those of limited means, can remain in their homes or in other supportive settings with dignity and independence.

- **Home Care:** Provides a variety of in-home service options to eligible individuals, 60 years of age and older, that range from homemaking and personal care, to laundry assistance and meal preparation.
- **Shared Living, Adult Foster Care:** A MassHealth program for frail elders and persons with a disability, 16 years of age or older, who wish to live with a trained caregiver who is paid a stipend to provide daily personal care.
- **Home Power, Group Adult Foster Care:** A MassHealth program for older adults and persons with a disability, 22 years of age or older, that provide supportive services to empower people to live safely and independently at home.
- **Family Caregiver Support Program:** This program offers caregiver counseling, information and referral as well as respite scholarships to caregivers in need.
- **Options Counseling:** Provides free counseling to connect anyone, at any age, to vital resources and services that fit their current situation and allow them to remain in the community.
- **Healthy Living Programs:** Free classes that educate and empower participants to make better choices about their health.

For more information, call our helpline
Boston ElderINFO 617-292-6211

